

5



POWER OF
FIVE



Your life can **change in an instant**, you may score the **winning goal** in a cup final, make a **last minute save** or goal line clearance, a **split second** in time can **make you a legend.**

Ross's Story



A split second changed the life of Dundee fan and talented footballer Ross Edwards. A midfielder who was signed by city rivals Dundee United as a schoolboy by the late Jim Mclean.

At 21, Ross found himself released and playing in the amateur ranks in Dundee, but he was determined to make it back to the top, he lived and breathed football.

On December 13th, 1980, Ross had come off Caird Park in Dundee, after playing what would turn out to be his last ever game of football for local work team, PPD Amateurs.

Due to a change of circumstances, instead of travelling home to his parents, he headed to his fiancées across the city for dinner. Five of his teammates and one of their young sons seized the unexpected opportunity of a lift home and jumped into his old Morris 1100:decision that would end Ross's footballing dream and change his life forever.

As the clock ticked towards 5pm, whilst travelling along the Kingsway in Dundee, tragedy struck, the weight of

the overloaded car caused the axel to snap, the car drifted out of control, the brakes failed, and his car crashed side on into a lamppost.

Ross's head took the full impact of the collision and he had to be cut free from the wreckage. Paramedics did not expect him to survive, he was rushed to Dundee Royal Infirmary and placed into a coma. His teammates and the other passenger walked away with minor cuts and bruises.

Against all the odds Ross did survive, he spent the next nine months in Dundee Royal Infirmary. However, the accident left Ross with permanent brain damage, which stripped him



of his short-term memory, left his speech impaired and eventually has confined him to a wheelchair.

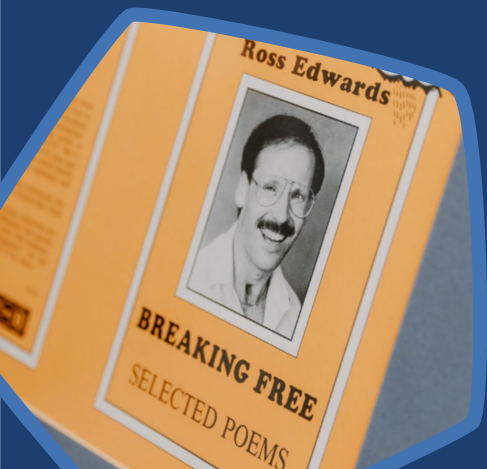
Although he requires daily care with the tasks that he used to take for granted, Ross has never let the accident get him down, he has written and published poetry books, enjoys going to watch football, loves being social and attacks every day with a smile.


But now Ross needs the help of the footballing community: a community that he was once part of, to allow him to continue his journey and live his best life!

Will you participate in the 'Power of Five Campaign - The Road to Bertha Park' to help Ross and disabled individuals like him thrive in a facility at the heart of a new community?

This facility, at Bertha Park in Perth, crafted in co-production through 'Our inclusive Community Project (OICP)' by our residents, staff, and day service users, is tailored to meet their every need.

Ross, now a season ticket holder at St. Johnstone, had dreams of being a professional footballer and those dreams were shattered through no fault of his own, you can help us make his dreams come true this time round!





Our vision of a new home for Ross

Our Inclusive Community Project

Ross is currently a resident at **Capability Scotland's Upper Springland facility in Perth, home to 60 disabled residents, 40 day service users, and 250 staff members.**

However, the facility, situated on the banks of the River Tay, is outdated, and identified as a flood risk. Temporary flood walls are now a permanent fixture, creating a sense of unease among residents and staff after frequent flooding incidents and evacuations. In response, Capability Scotland has initiated its most ambitious project to date, the 'Our Inclusive Community Project' (OICP).

The aim is to build an exemplar facility, which will set the gold standard for residential care of disabled people in Scotland and throughout the UK.

Beyond housing and therapy rooms, the priority expressed by those we support is the desire to be part of the local community. With this in mind, we envision creating a vibrant community hub, which will enable the people we support to foster relationships and help to integrate them into the heart of the newly built community at Bertha Park. It is a place where Ross can forge new friendships, have a coffee, and enjoy a game of dominoes.

With an estimated cost of £28 million for the development, £20 million has already been secured, we seek your support to bridge the funding gap and contribute to the legacy of the OICP.

Join us in creating a vision that keeps Ross's creative spark bright and his smile resilient: a place he can proudly call home.

A photograph of an elderly man with glasses, wearing a blue button-down shirt, sitting in a wheelchair. He is smiling and looking down at a wooden domino table in front of him. The table is covered with white dominoes. A black wheelchair strap is visible across his lap. The background is a blurred indoor setting, possibly a community center or a home care facility, with shelves and a white lamp visible.

Can
you create
your perfect
five-a-side team to
support Ross?

Who would you want in
your team?

Who can you rely on to be
there when you
need them?

The Power of Five: The Road to Bertha Park

Create your legacy together.

Join us in becoming a vital part of our transformative project, one that will enrich the lives of not only Ross but also disabled people from across Scotland, their families, and our dedicated staff.

While the collective weight of five teammates contributed to Ross's unfortunate accident that day, we aim to demonstrate the positive impact that the combined power of five individuals can have on his life.

We invite you to select four dependable individuals to form your perfect team of five, create your team's name, and support our vision over the next three years.

By committing to donate the specified amount over the next 36 months, you contribute to a shared goal that will make a meaningful impact on the lives of those we support.





Each team member donates **£27.77** a month for **36 months**



Each team member donates **£55.55** a month for **36 months**



Each team member donates **£111.11** a month for **36 months**



You choose your level of support

Or can you support Ross as a club?

It would be wonderful if you would like to support Ross and the OICP as a club and there are many ways to do this. Either through a one off donation or pledging to fundraise a fixed amount over a period of up to three years. By raising/donating an amount of £10k plus, your clubs name will be on the wall of the new community space at Bertha Park forever. Creating a legacy of support to Ross and the disabled community across Scotland.

To discuss options please contact euan.mcintyre@capability.scot or call Euan on 07378 464 707

If you prefer to make a single donation, scan here:



Did you know you can increase your gift by 25% at no additional cost to yourself by allowing Capability Scotland to claim gift aid if you are a UK taxpayer?

The Reward

As you know, the best teams work together to achieve a collective goal, our aim is for you to support Ross and Capability Scotland for three seasons/years. For every year you support our campaign, you will be rewarded with a medal.



One season of support

You will receive a bronze medal and team certificate.



Two seasons of support

You will receive a silver medal and team certificate.



Three seasons of support

You will receive a gold medal and your team's name will be inscribed on the wall, floor or a room of the new facility depending on the size of your donation.

You will also:

- be sent quarterly updates on the progress of Our Inclusive Community Project,
- receive exclusive invites to in-person and online events,
- hear directly from the people that you are supporting and how your donations are changing their lives,
- have an individual contact at Capability Scotland to speak with if you have any questions or require updates on your donation.

Thank You



Create Your Team

Please complete this form and return in the freepost envelope provided.

Team Name:

Pledge Amount:

£5k

£10k

£20k

Other Amount

If you'd like to contribute as a club,
please give Euan a call on 07378 464 707

PLAYER 1

Name:

Email:

£27.77

£55.55

£111.11

Other Amount

Monthly Gift Amount:

Account Number:

Sort Code:

Tick here to *giftaid it*

I want to GiftAid my donation to add 25p for each £1 I donate at no cost to me, any any donations I make in the future or have made in the past four years to Capability Scotland. I am a UK taxpayer and understand if I pay less Income Tax and/or Capital Gains Tax in the current tax year than the amount of Gift Aid claimed on all my donations, it is my responsibility to pay any difference.

PLAYER 2

Name:

Email:

£27.77

£55.55

£111.11

Other Amount

Monthly Gift Amount:

Account Number:

Sort Code:

Tick here to *giftaid it*

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PLAYER 3

Name:

Email:

£27.77 £55.55 £111.11 Other Amount

Monthly Gift Amount:

Account Number:

Sort Code: - -

Tick here to *giftaid it*

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PLAYER 4

Name:

Email:

£27.77 £55.55 £111.11 Other

Monthly Gift Amount:

Account Number:

Sort Code: - -

Tick here to *giftaid it*

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PLAYER 5

Name:

Email:

£27.77 £55.55 £111.11 Other Amount

Monthly Gift Amount:

Account Number:

Sort Code: - -

Tick here to *giftaid it*

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